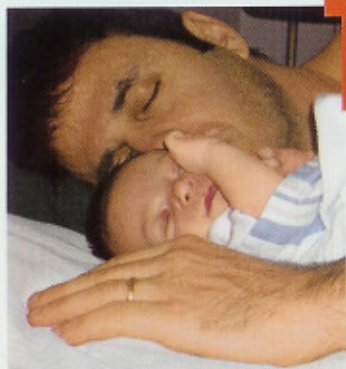


CONTRIBUTORS



❖ Steve Almond

Almond couldn't be happier that his wife, Erin, pursued him. After several failed attempts at getting the girl, which he recounts in his essay **Orange Crush** (page 79), it was a relief to be on the other side. "Erin and I spent a few years playing cat and mouse," the 40-year-old says. "But we both eventually realized that love is about understanding and supporting one another, not playing games." They married last March and live in Arlington, Massachusetts, where they frequently lavish their 6-month-old baby girl, Josephine, with kisses. Almond's essays have been featured in many books and anthologies. His newest collection, *Not That You Asked*, hits bookstores this fall.

❖ Spencer Heyfron

It takes 15 face muscles to smile, but after photographing 53 people laughing for **Go Ahead: Laugh Your A** Off!** (page 108), Heyfron says it seemed like a lot more. "Thank heavens for assistants who will imitate monkeys to make people laugh," he says. To chill out after a tough day watching people giggle, the 34-year-old Brit likes to go a few rounds at Gleason's Boxing Gym in Brooklyn, which he currently calls home. Heyfron has shot for *ESPN*, *Esquire*, *Fast Company*, *Fortune*, and *Newsweek*. His upcoming subjects include some of the Inuits of northern Alaska and a 9-year-old Mexican bullfighter.



❖ Kimberly Dawn Neumann

Performing in Broadway shows like *Annie Get Your Gun* and *Ragtime* should be motivation enough for this actress, singer, and dancer to stay in shape. Still, while researching **Losing Motivation** (page 92) she discovered an even better reason to stay slim: great sex. "Now that's a diet incentive if I've ever heard one!" says the 30-something New Yorker. But even that doesn't stop this ACE-certified fitness trainer from eating Cool Whip straight from the tub. Neumann has also contributed to *Cosmopolitan* and *Marie Claire*.



❖ Jamye Waxman

Who better to present our **Best in Bed** awards (page 124) than Waxman, 32, who has a master's degree in sex education, cowrote and produced the adult erotic film *Under the Covers*, and worked at the famous New York City sex boutique Babeland? With that résumé, it's hard to believe she had anything left to learn about doing the deed. "A new lube, a toy we'd never tried—it all helps to change up what my guy and I are used to," says Waxman, who lives in Manhattan with her boyfriend, Jonny. She is currently writing her second book, *The M Word: Women and Masturbation*, to be published this fall.



❖ Jenny Everett

Researching the most effective workout for every body type for **Your Perfect Workout** (page 100) led *WH*'s fitness editor to some sobering realizations. "Scientists are discovering specific genes that predetermine how easily we can burn off a box of Mallomars," says Everett, 29, who hopes her genes are equipped to combat Amstel Light and ballpark franks—two items she's likely to have in hand at a New York Mets game. When she's not cheering on Jose Reyes, she's fishing with her boyfriend, David, or enjoying views of Long Island Sound from her cottage in Stamford, Connecticut. Her articles have appeared in *Men's Health* and *Popular Science*.

ON STAFF

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Women's Health

